

The Southcare Supporter

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your monthly newsletter



MACMILLAN
CANCER SUPPORT

OUR COMMUNITY

Southcare Homes Group raises over £300 for Macmillan Cancer Support!

All our homes had a terrific time raise funds and awareness for the outstanding charity, Macmillan Cancer Support and their annual Biggest Ever Coffee Morning.

Pictured above is Highbury House and their wonderful Mad Hatter Tea Party! It was a day full of colour, craziness and cakes! A massive thanks to local businesses, such as Tesco, The Trellis Restaurant, S.A. Devesons Groceries, The White Horse Hotel, Rottingdean, Shane's kitchen, Budgens. They all generously donated prizes for our Raffle! Also thanks to our heroic staff who even brought in their own whacky outfits! We had Alice in Wonderland playing in our outdoor cinema, and a stunning themed cake created in house! Thanks to all our relatives that joined - even getting hats for their pets to wear! What a day!

Relatives and friends of Lime Tree House were able to join for a virtual cup of coffee for their Macmillan Morning. Their fabulous chef, Toby,

made coconut and jam, Victoria sponge, carrot cake and Laura, our new activities coordinator made her oh-so-fabulous ginger cake!

Grasmere also managed to raise over £100 while also managing to work their way through an assortment of beautiful homemade cakes! They had a quiz, and even a jolly good game of beerpong (minus the beer though)!

A selection of sweet sponges to delight and tempt made their way onto the cake table at Heatherdene's Coffee Morning. We are so grateful for the enthusiasm from our residents, staff, family and friends who not only raised the roof but managed to raise over £100 towards the charity—thank you all for making our coffee morning such a sweet success!

Freshford's Macmillan Coffee Morning will be held in October so visit [their Facebook page](#) to get all the details!





OUR OUTINGS

Grasmere See All Things Great and Small at Deen City Farm

Grasmere Rest Home went on an adventurous trip with Oomph in September, making their way to Deen City Farm & Riding School. Deen City Farm is an urban farm with an educational focus in the heart of Merton. As a registered charity, they teach the local community about the rural environment and where their food comes from.

Residents had a great time seeing all the animals and wildlife in their enclosures. They even were able to get up close and personal during their Animal Handling Experience. They were able to hold and learn things about ferrets, guinea pigs, a tortoise and even a giant snail! We're so happy to be getting out and about with Oomph Wellness. Visit our [Facebook page](#) to see what other trips we've been taking!





OUR STAFF

All our staff at Southcare Homes Group make us what we are. Please join us in welcoming our latest additions to the Southcare family. To enquire of our current vacancies, please contact us at careers@southcarehomes.com. Thank you.



Hello, I'm Josie!

Chef

**Grasmere Rest
Home**

Josie is our new full time chef and we're looking forward to tasting all the tasty meals she whips up. She has many years of experience in care homes and her specialty just happens to be cakes! I think they'll go to good use with us.

I'm sure you'd all like to join us in saying welcome to Josie... And yes, that cake was as good as it looked!

Hello, I'm Laura!

Lifestyle & Wellbeing
Coordinator

Lime Tree House

Laura's wide-ranging hobbies such as baking, sewing, painting and photography bode well for a varied activity programme!

Laura has played the piano since she was four and, in since she joined, has regaled residents with all-time favourites such as Roll Out The Barrel as well as playing classics like Chopin, Mozart, Bach and Debussy.

Hello, I'm Tina!

Home Services
Administrator

Heatherdene

A warm welcome to Tina at Heatherdene Nursing Home! Tina has a wealth of knowledge and has been working in the care industry for more than 20 years. It is lovely to see Tina smiling and welcoming us all in the mornings. We're sure you'll all join us in giving her a warm welcome.



OUR EVENTS



Elsie at Grasmere is 103 Years Young!

All of us at Grasmere Rest Home are in awe of our Elsie who turned 103 years old this month! What an amazing lady! Elsie had a fantastic day filled with presents, cakes and surrounded by her family and friends.

Just goes to show that residents like Elsie can be an inspiration to us all and help us stay positive determined to keep going. Thank you for the hard work from all staff and to our chef at Grasmere for creating such a spectacular array of cakes and pasties to celebrate this truly special occasion. Well done Elsie—you're a living legend!



Highbury House Appreciates the BEER Necessities of Life!

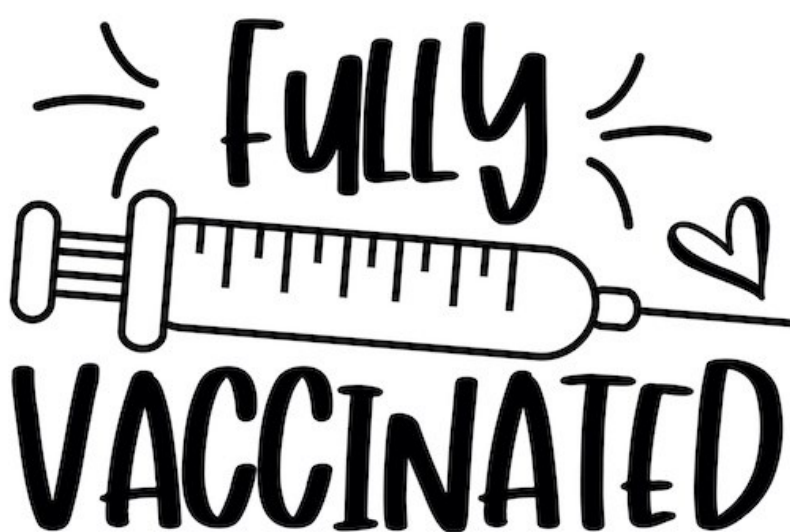
Highbury House celebrated International Beer Day in style by raising a glass or two to their favourite brew! Residents put their tastebuds to the test with a selection of beers from around the world. From Australia to Italy, we discovered a few facts as we hopped from bottle to bottle, sampling and sipping the amber nectar until finally deciding on the winning beer!





OUR COVID UPDATES

**98% OF ALL OUR
STAFF
AND ALL OF OUR RESIDENTS
ARE**



#KeepSouthcareSafe

#MaxTheVax

Group Vaccine Statistics: September 21

	Lime Tree House	Heatherdene	Freshford Cottage	Highbury House	Grasmere
Residents	100% - all residents are fully vaccinated				
Staff	100%	98%	100%	100%	94%
	98% of all staff are fully vaccinated.				



YOUR COMMENTS

“

I think Heatherdene is run extremely well. The management is excellent. The food is of good quality and portions are a good size. My room is comfortable and I feel well looked after.”

J H, Resident | September 2021

Source: Carehome.co.uk



HEATHERDENE
NURSING HOME

[Write a Review](#)



We're now on
Instagram!

@southcare_homes



Our Facebook pages

[@limetreeringmer](#)

[@FreshfordCottage](#)

[@GrasmereRH](#)

[@HighburyHouseRottingdean](#)

[@HeatherdeneNH](#)

We hope it goes towards showing you that your dear ones are very dear to us as well. Don't forget you can have a video call your loved one at any time via Skype, Zoom or Facetime. Please contact your home manager to arrange this. Until next time, please stay well and keep safe.

Tracey Austin

Group Manager
Southcare Homes Group



Contact Us

If you have any questions, comments,
or would like more information:

info@southcarehomes.com

